







	Phase 1		Phase 2		Phase 3		Phase 4	
	1	2	3	4	5	6	7	8
LED 200 and Retreat	LED Elective	LED Elective	LED Elective	LED Elective	Y3 Retreat	LED 450		
Community	Monthly	Monthly	Monthly	Monthly	Monthly	Community	Monthly	Monthly
Involved in 2-3 orgs.	30 hours of involvement	30 hours of involvement	30 hours of involvement	30 hours of involvement	Continue involvement	Continue involvement	Transition out of leadership roles	
8 Individual Volunteer Hours	8 hrs and Exploration and Selection	Project Implementation Phases I and II			Finalize Project Phase III	Presentation and [REDACTED]	Senior Experience cell	

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PLF Polo is a fun and exciting sport that is played on a polo field. It is a team sport that involves a lot of physical activity and strategy. The game is played with a mallet and a ball, and the goal is to score goals by hitting the ball into the opponent's goal.

## PLF Polo Rules

PLF Polo is played on a polo field that is 400-530 feet long and 100-150 feet wide. The game is played with a mallet and a ball. The goal is to score goals by hitting the ball into the opponent's goal. The game is played in two halves, each lasting 40 minutes. The team that scores the most goals wins the game.

## PLF Polo & Safety

PLF Polo is a contact sport, so it is important to wear your PLF polo and your nametag. The PLF polo is a protective vest that covers your torso and arms. The nametag is a small tag that is attached to your polo and identifies you to the referee. It is important to wear your polo and nametag at all times during the game.

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